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Essential Oils Box Set #17: Coconut Oil For Skin Care & Hair Loss & Healing Babies And Children With Aromatherapy For Beginners (Coconut Oils, Skin Care, ... Healing, Detox, Virgin Coconut Oil)



Synopsis

Coconut Oil for Skin Care & Hair Loss: A Step by Step Guide for Using Virgin Coconut Oil for Youthful Skin and Healthy Hair + Healing Babies and Children with Aromatherapy for Beginners

DOWNLOAD TODAY AND RECEIVE A FREE BONUS RIGHT AFTER THE CONCLUSION! LIMITED TIME OFFER AND WILL LAST YOU FOR MONTHS!

Coconut Oil Today, there are already innovated ways on how to make use of coconut oil, ways that are actually beneficial to your health. Aside from that, it can also serve as a beauty essential; one that you would want and need for healthy, beautiful skin and hair. In this book you will know how you can use coconut oil to your advantage. The best thing about considering coconut oil as a beauty regimen is that it is a natural product, as if it is Mother Nature's own gift for you, in her desire to make you even more beautiful. Being beautiful doesn't have to mean being in danger, or having to risk your health for the sake of beauty. Coconut oil can give you soft, shiny, fragrant, and damage-free hair as well as fairer skin without putting your safety on the line. The fact that it is a natural product reduces the chances of danger that you could most likely get when you continue to use chemical-based beauty products.

Here Is A Preview Of What You'll Learn...

- A Brief History
- Kinds of Coconut Oil
- The Processes and Why It's Important for You to Know
- Coconut Oil for Skin Care
- Coconut Oil for Healthy Hair
- Other Beauty Tricks
- DIY Coconut Beauty Recipes
- DIY Coconut Body Recipes
- Coconut Oil Pulling
- Medicinal Benefits of Coconut Oil much more!
- Healing Babies

Babies' skin is often sensitive and that's why you have to be careful with what you apply to them. And since you are going to make use of essential oils, you need not worry much because these oils come from natural sources which mean that they are safe to use. However, since you are dealing with babies here, it would still be important to keep in mind some tips, such as:

- Do not use essential oils for babies younger than 3 months old. During this stage, babies are extremely sensitive and it would still be best to check with your doctor first before applying anything on them. Lavender and Chamomile are the first two oils that you can use for babies. Don't use eucalyptus oil unless babies are over 2 years of age as this may be too extreme for them.
- Dilute the oils with water well before using so that the oils will not be too strong for the babies.
- Do not give them essential oils orally!
- You don't have to be an expert when it comes to massaging babies or children; you only have to be very gentle and make sure that with each touch come love and affection. It's very important for a child to feel loved and wanted and that's what he/she should feel when you massage him/her with essential oils.
- 1% dilution or 5 drops essential oil to 2 Tbsp carrier oil is good for babies up to 2 years of age. After which, you can use 2% dilution or 10 drops essential oil per 2 Tbsp carrier oil already.
- And, you also have to make sure that you use only pure, essential oils. Synthetic oils

and overly fragrant oils have no healing properties and won't make your babies/children feel better. Here is a preview of what you'll learn... Introducing Babies to Aromatherapy
Baby Massage
Oils
Essential Oils for Bath time
Essential Oils for Skin Healing
Essential Oils for Inhalation and Room Diffusion
Essential Oils for Tantrums
Essential Oils for Coughs, Colds and Flu
Essential Oils for Other Ailments and Health Purposes
Much, much more!
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Book Information

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General

Customer Reviews

Really great book. I read the whole thing over the weekend and learned a lot. I now know how to maintain my skin and hair using coconut oil! I didn't really know how to use any of it but after reading this book a beginner like me become a professional!

Great book! Use this when I had dry skin because I need more information and how to prevent filthy dried skin. This book came with A LOT of helpful remedies and they actually worked! My skin is now silky smooth!

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Essential Oils: 120+ Essential Oils Recipes For Diffusers, Aromatherapy, Natural Remedies For Skin And Hair Care: (Essential Oils For Weight Loss, Aromatherapy) ... Oils, Essential Oils For Allergie) Cooking With Coconut Oil Vol. 1 - 50 Coconut Oil Recipes Promoting Health, Wellness, & Beauty - Coconut Oil Cookbook - Coconut Oil Uses - Coconut Oil (Coconut Oil Diet And Recipes)

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Masks, Aromatherapy, Hair Loss Treatment - 100% Cruelty Free) Essential Oils: 50 Essential Oil
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Work! (Essential Oil Pet Private Collection Book 1) Red Smoothies: Over 80 Blender Recipes,
weight loss naturally, green smoothies for weight loss,detox smoothie recipes, sugar detox,detox
cleanse juice,detox ... - detox smoothie recipes Book 260) How to Cure Baldness and Prevent Male
Hair Loss (Mens Hair Loss, Propecia, Minoxidil, Receding Hair Line, Hair Regrowth, male pattern
baldness, mens hair)

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